Introduction To Dramatherapy: Theatre And Healing Ariadnes Ball Of Thread

Introduction to Dramatherapy - Sue Jennings 1998
Jennings presents a ‘healing theatre’ approach to dramatherapy, showing how it is part of our cultural experience of theatre art, and how it can be used to find a bearable means of facing the beast at the heart of the labyrinth. She maintains that by participating in theatre as well as exploring our past, a new pathway to fulfilment is opened.

An Introduction to Dramatherapy - Dorothy Langley 2006-11-29
The book is well researched and provides a solid overview. - Therapy Today
Dorothy Langley’s book offers a valuable overview of dramatherapy in all its applications. It provides evidence of many years’ work as a teacher and practitioner. It is both clear and readable, and will serve as a useful introduction to this unique therapeutic approach for people in other healing professions, particularly psychiatry, as well as for the general reader.

Routledge International Handbook of Dramatherapy
This book, edited by Marion Lindqvist, challenges previous accounts of dramatherapy’s history with details of Evreinov’s Theatrotherapy, Iljine’s work in Russia and interviews with innovators in the field, including Peter Slade, Sue Jennings and acknowledging its relationship with other arts and therapeutic practices. Dramatherapy and Autism will be of interest to a broad spectrum of readers, such as dramatherapists in practice and teachers. The Handbook of Dramatherapy brings together five authors who have considerable experience of clinical, artistic and educational work to provide an easy-to-read introduction to the major models of dramatherapy. The authors explain the differences between dramatherapy and psychodrama, discuss its relationship with theatre art, look at assessment and evaluation techniques, and argue the need for more appropriate methods of research for this increasingly popular form of therapeutic treatment. The Handbook of Dramatherapy provides a comprehensive basis for theory and practice and will be an invaluable resource for all students of dramatherapy and theatre.

Current Approaches in Drama Therapy - David Read Johnson 2020-11-18
This third edition of Current Approaches in Drama Therapy offers a revised and updated comprehensive compilation of the primary drama therapy methods and models that are being utilized and taught in the United States and Canada. Two new approaches have been added, Insight Improvisation by Joel Gluck, and the Miss Kendra Program by David Read Johnson, Nisha Saajani, Christine Mayor, and Cat Davis, as well as an established but not previously recognized approach in the field, AutoBiographical Therapeutic Performance, by Susana Pendzik. The book begins with an updated chapter on the development of the profession of drama therapy in North America, followed by a chapter on the current state of the field written by the editors and Jason Butler. Section II includes the 13 drama therapy approaches, and Section III includes the three related disciplines of Psychodrama and Sociodrama, Playback Theatre, and Theatre of the Oppressed that have been particularly influential to drama therapists. This highly informative and indispensable volume is structured for drama therapy training programs. It will continue to be useful as a basic text of drama therapy for both students and seasoned practitioners, including mental health professionals (such as counselors, clinical social workers, psychologists, creative arts therapists, occupational therapists), theater and drama teachers, school counselors, and organizational development consultants.

Dramatherapy: Theory and Practice - Sue Jennings 2013-06-17
Dramatherapy: Theory and Practice 2 provides both clinician and theatre artist with a basic overview of recent developments in dramatherapy. The international contributors, all practising dramatherapists or psychotherapists, offer a wide variety of perspectives from contrasting theoretical backgrounds, showing how it is possible to integrate a dramatherapeutic approach into many different ways of working towards mental health.

Introduction to Developmental Playtherapy - Sue Jennings 1999
In Introduction to Developmental Playtherapy, Jennings argues that creative play is essential for children’s health. Drawing on examples from her own professional experience, she discusses how play can help resolve issues by allowing possible solutions to be explored safely, thus encouraging flexibility of response. She explores the cultural background and theory of using play as a therapeutic tool with children and how play can communicate to the therapist what the child needs to tell.

Dramatherapy and Autism - Deborah Haythorne 2016-07-28
Using extensive examples from practice with a range of client groups, Dramatherapy and Autism confronts the assumption that people with autism are not able to function within the metaphorical realms of the imagination and creativity. It demonstrates that not only are people who function along the spectrum capable of engaging in creative exploration, but that through encountering these processes in the clinical context of dramatherapy, changes can be made that are life enhancing. Bringing in cutting-edge research and practice, this book is essential reading for both those with an interest in working with children and young people who have autism as well as those working with clients with autism. The book is part of the Dramatherapy: approaches, relationships, critical ideas series, in which leading practitioners and researchers in the field develop the knowledge base of this unique discipline, whilst contextualising and acknowledging its relationship with other arts and therapeutic practices. Dramatherapy and Autism will be of interest to a broad spectrum of readers, such as dramatherapists in practice and training, arts practitioners and academic researchers engaged in multidisciplinary enquiry.

Persona and Performance - Robert J. Landy 1996-03-01
This book demonstrates that drama is not only a metaphor for everyday life, but also provides a means of self-examination and life enhancement. Asserting that emotional well-being depends upon an individual’s capacity to manage a complex and often contradictory set of roles, the author shows how roles offer a unified effective method for working through significant personal problems when used as an element of drama therapy. The volume combines theoretical discussions with extensive clinical illustrations, and covers issues including learning to live with role ambivalence, complexity, and contradiction.

Dramatherapy and Destructiveness - Ditty Dokter 2012-05-23
Dramatherapy uses the healing aspects of drama and theatre as part of the therapeutic process and is increasingly required to supply evidence of its effectiveness. This book aims to provide an evidence base for practice with destructive clients, and raise the profile of dramatherapy as a distinct therapeutic intervention in this field. Dramatherapy and Destructiveness discusses working with those suffering from conduct disorders, mood disorders, schizophrenia and personality disorders. Divided into three parts, topics of discussion include: theory and research underpinning the understanding of working with destructiveness in-depth case studies of dramatherapy with a wide range of clients analysis and evaluation of the evidence base for dramatherapy with these clients guidelines for best practice Dramatherapy and Destructiveness covers a wide range of client groups, settings, methods and therapeutic approaches. As well as being an invaluable resource for dramatherapists, this book will be of interest to other therapists, health professionals, social workers, teachers and artists.

Dramatherapy with Children and Adolescents - Sue Jennings 2014-03-18
Drama plays a crucial role in healthy human development and dramatherapy can be particularly effective in helping troubled children or adolescents. In this book, twelve contributors, writing from a range of international and theoretical perspectives, show how the dramatic element in people’s lives plays its part in patterns of healthy and unhealthy development. They describe practical ways of using dramatherapy with both groups and individuals and demonstrate that dramatherapy is a strategy that works, helping to bring about change and creativity. Dramatherapy with Children and Adolescents will be invaluable to all professionals who work with children, including social workers, probation officers, nurses and teachers, as well as dramatherapists and play therapists.

Drama as Therapy - Phil Jones 1986
Drama as Therapy describes and defines dramatherapy, providing in one volume a definition of the core processes at work in dramatherapy, a clear description of how to structure sessions, a thorough review of techniques and a wide range of examples from clinical practice. At the heart of the book is a definition of the nine core processes which define how and why dramatherapy can offer the opportunity for change. Also included are step-by-step break-downs of the ways of working with a broad range of clients. Dramatherapy’s approach to role, play, mask, ritual, performance, and script are all described. The book includes extensive historical material from the 1920s to the present day, covering work in the US, the UK, Russia and the Netherlands. It challenges previous accounts of dramatherapy’s history with details of Ereveno’s Theatrotherapy, Iljine’s work in Russia and interviews with innovators in the field, including Peter Slade, Sue Jennings and Marion Lindqvist.

Routledge International Handbook of Dramatherapy - Sue Jennings 2016-05-20
Routledge International Handbook of Dramatherapy is the first book of its kind to bring together leading professionals and academics from around the world to discuss their practice from a truly international perspective. Dramatherapy has developed as a profession during the latter half of the twentieth century. Now, we are beginning to see its universal reach across the globe in a range of different and diverse approaches. From Australia, to Korea to the Middle East and Africa through Europe and into North & South America dramatherapists are reaching a range of working practices using the curative power of drama within a therapeutic context to work with diverse and wide ranging
populations. Using traditional texts in the Indian sub-continent, healing performances in the Cameron, supporting conflict in Israel and Palestine, through traditional Comedic theatre in Italy, to adolescents in schools and adults with mental ill health, this handbook covers a range of topics that show the breadth, depth and strength of dramatherapy as a developing and maturing profession. It is divided into four main sections that look at the current international: Developments in dramatherapy Theoretical approaches Specific practice New and innovative approaches Offering insights on embodiment, shamanism, anthropology and cognitive approaches coupled with a range of creative, theatrical and therapeutic methods, this ground breaking book is the first congruent analysis of the profession. It will appeal to a wide and diverse international community of educators, academics, practitioners, students, training schools and professionals within the arts, education and arts therapies communities. Additionally it will be of benefit to teachers and departments in charge of pastoral and social care within schools and colleges.

Dramatherapy and Social Theatre - Sue Jennings 2009-06-24 Dramatherapy and Social Theatre: Necessary Dialogues considers the nature of drama, theatre and dramatherapy, examining how dramatherapy has evolved over the past decade and how the relationship between dramatherapy and social theatre has developed as a result. In this book Sue Jennings brings together international dramatherapists and theatre practitioners to challenge, clarify, describe and debate some of the theoretical and practical issues in dramatherapy and social theatre. Contributors cover topics including: dramatherapy in communities, ground rules and definitions cross-cultural perspectives dramatherapy with adoptive and foster families research with professional actors. Dramatherapy and Social Theatre is illustrated throughout with case vignettes providing examples of how theatre and therapeutic processes can be brought together. It will be valuable reading for both professionals and students involved in dramatherapy and theatre studies.

Dramatherapy - Richard Hougham 2021 This book investigates the nature and phenomena of interruption in ways, which have relevance for contemporary dramatherapy practice. It is a timely contribution amidst an 'Age of Interruption' and examines how dramatherapists might respond with agency and discernment in personal, professional and cultural contexts. The writing gathers fresh ideas from the current international scene to analyse traditional and emerging dramatherapy interventions. Using examples from the field of dramatherapy and offering a new vision based in the arts and philosophy. There are examples of interruption in practice contexts, augmented by extracts from case studies and clinical vignettes. The book is not a sequential narrative - rather a bricolage of ideas, which create intersections between, language, and the imagination. New and international voices in dramatherapy emerge to generate a radical immersion; from Greek shadow puppetry to the Japanese horticultural practice of Shakeri, from the appearance of 'ghosts' in the consulting room to images in the third space of the therapeutic encounter; interruptions are reckoned with as relevant and generative. This book will be of interest to arts therapists, scholars and practitioners, who are concerned with the nature of interruption and how dramatherapy can offer a means of active engagement.

Creative Arts Therapy Careers - Sally Bailey 2021-09-30 Creative Arts Therapy Careers is a collection of essays written by and interviews with registered drama therapists, dance/movement therapists, music therapists, art therapists, poetry therapists, and expressive arts therapists. The book sheds light on the fascinating yet little-known field of the creative arts therapies - psychotherapy approaches which allow clients with creative and psychological difficulties and psychological needs. These studies include: conquering a fear of maths; violent behaviour transformed into educational achievement; safe expression of feelings for a sexually abused child; and where children are diagnosed with mental health disorders such as ADHD and ODD, where the benefits of dramatherapy with children and families are carefully described and evaluated, suggesting that this therapeutic discipline can achieve positive outcomes. The practical advice and inspirational results included here promote a future direction of integration and collaboration of school staff, multi-disciplinary teams and families. Education and equality are high on the agenda, and the function of dramatherapy is not just as a treatment, but as an economically viable and valuable preventive therapy.

Routledge International Handbook of Dramatherapy - Sue Jennings 2016-05-20 Routledge International Handbook of Dramatherapy is the first book of its kind to bring together leading professionals and academics from around the world to discuss their practice from a truly international perspective. Dramatherapy has developed as a profession during the latter half of the twentieth century. Now, we are beginning to see its universal reach across the globe in a range of different and diverse approaches. From Australia, to Korea, to the Middle East and Africa through Europe and into North & South America dramatherapists are developing a range of working practices using the curative power of drama within a therapeutic context to work with diverse and wide ranging populations. Using traditional texts in the Indian sub-continent, healing performances in the Cameroon, supporting conflict in Israel and Palestine, through traditional Comedic theatre in Italy, to adolescents in schools and adults with mental ill health, this handbook covers a range of topics that show the breadth, depth and strength of dramatherapy as a developing and maturing profession. It is divided into four main sections that look at the current international: Developments in dramatherapy Theoretical approaches Specific practice New and innovative approaches Offering insights on embodiment, shamanism, anthropology and cognitive approaches coupled with a range of creative, theatrical and therapeutic methods, this ground breaking book is the first congruent analysis of the profession. It will appeal to a wide and diverse international community of educators, academics, practitioners, students, training schools and professionals within the arts, education and arts therapies communities. Additionally it will be of benefit to teachers and departments in charge of pastoral and social care within schools and colleges.

The Self in Performance - Sonja Pendzik 2017-01-10 This book is the first to examine the performance of autobiographical material as a theatrical form, a research subject, and a therapeutic method. Contextualizing personal performance within psychological and theatrical paradigms, the book identifies and explores core concepts, such as the function of the director/therapist throughout the creative process, the role of the audience, and the dramaturgy involved in constructing such performances. It thus offers insights into a range of AutoBiographic Therapeutic Performance forms, including: dramatherapy in communities, ground rules and definitions cross-cultural perspectives dramatherapy with adoptive and foster families research with professional actors. Dramatherapy and Social Theatre is illustrated throughout with case vignettes providing examples of how theatre and therapeutic processes can be brought together. It will be valuable reading for both professionals and students involved in dramatherapy and theatre studies.

An Introduction to Dramatherapy - Dorothy Langley 2006-11-29 'The book is well researched and provides a solid overview' - Therapy Today 'Dorothy Langley's book offers a valuable overview of dramatherapy in all its applications. It provides evidence of many years' work as a teacher and practitioner. It is both clear and readable, and will serve as a useful introduction to this unique therapeutic approach for people in other healing professions, particularly psychiatry, as well as for the general reader' - Roger Grainger, Senior Practitioner on the Register of Psychologists Specialising in Creative Arts Therapies. Dramatherapy: An Introduction to Dramatherapy is a concise introduction to the background, theory and practice of a method of therapy which uses the dramatic process to help people during times of stress, emotional upheaval, illness or disability. Illustrated throughout with vivid examples from dramatherapy sessions, the book shows how drama can be used in an intentional and directional way to achieve constructive change with individuals or groups. In particular, the book highlights the power of drama as a therapeutic medium because of its foundations in metaphor, power which can be harnessed through the use of techniques such as role play, enactment, story-telling and the use of puppets and masks. An Introduction to Dramatherapy provides a valuable overview for readers who are new to the field and an excellent starting point for further study.

Acting For Real - Renée Emnah 2013-10-28 First published in 1994, Routledge is an imprint of Taylor & Francis, an informa company.

Clinical Applications of Drama Therapy in Child and Adolescent Treatment - Anna Marie Weber 2005-07-05 As an emerging psychotherapeutic discipline, drama therapy has been gaining global interest among mental health care providers as a means of treating a wide range of mental health conditions. This book provides a broad overview of the clinical applications of drama therapy in child and adolescent treatment, integrating theoretical perspectives with practical guidance and case studies. It is divided into four main sections that look at the current international: Developments in dramatherapy Theoretical approaches Specific practice New and innovative approaches Offering insights on embodiment, shamanism, anthropology and cognitive approaches coupled with a range of creative, theatrical and therapeutic methods, this ground breaking book is the first congruent analysis of the profession. It will appeal to a wide and diverse international community of educators, academics, practitioners, students, training schools and professionals within the arts, education and arts therapies communities.
attention over the last decade for its demonstrated efficacy in the treatment of child and adolescent populations. However, despite this attention and despite the current turbulent state of the world and the increasing population of disturbed and at-risk children, the field of drama therapy has so far lacked a standard text. Weber and Haen’s book fills this need, providing a core text for graduate students and established professionals alike. Clinical Applications of Drama Therapy in Child and Adolescent Treatment is guided by theory, but firmly rooted in practice, providing a survey of the many different possibilities and techniques for incorporating drama therapy within child and adolescent therapy. More than merely a survey of the existing literature on drama therapy, this text represents a true expansion of the field: one which articulates the breadth of possibilities and applications for drama therapy in the larger context of psychotherapy.

The Play's the Thing-Marina Jenkyns 2006-10-19 Marina Jenkyns conveys the excitement of working therapeutically with dramatic text through an engaging and thorough analysis of plays from a vast variety of periods and cultures. Influenced by the theories of Winnicott and Klein she lays bare the dynamics of relationships and plots to show how they can be used to help us understand our own relationships to each other and the world around us. This highly innovative text integrates therapeutic practice and literature in an engaging and challenging book which will hold the attention of a wide audience. This book contains new ideas for dramatherapy practice, theatre directors and teachers.

Essays in Drama Therapy - Robert J. Landy 1996 Robert Landy has assembled a collection of essays which encompasses his experience as a dramatherapist. The concept of ‘double life’ can be seen to be a central theme running through the work - encapsulating the dramatherapist’s need to balance the issues of theory, practice and personal growth. The range of essays includes both theory and practice. Landy tackles issues of training and research, examines concepts - such as that of role - in dramatherapy and presents case studies, such as the ambitious ‘The Double Life - A Case of Bipolar Disorder’. Uniting entirely new material with some of Landy’s most respected work, this collection will be of enduring value to dramatherapists, teachers and students of dramatherapy, and all those with an interest in creative arts expression.

Not Just for Children: Interdisciplinary Explorations of Play - Elena Xen 2019-07-22 With input from authors with a strong background in the study of play, this volume is a must-read for anyone with an interest in play from an interdisciplinary perspective, covering the areas of sociology, technology, creative arts, history, and philosophy.

Drama, Psychotherapy and Psychosis - John Casson 2004-03-11 John Casson - Winner of the British Psychodrama Association (BPA) Lifetime Achievement Award 2012! Drama, Psychotherapy and Psychosis explores the use of drama and theatre in the challenging area of working with people who hear voices; focusing especially on survivors of abuse and those diagnosed as suffering from schizophrenia. In examining the often baffling and frightening world of psychosis the book offers alternative models of madness and the self, which form the basis for therapeutic interventions. Illustrated by case histories and examples of practice, this book provides a description and analysis of voice hearing. Chapters cover areas including: * historical perspectives on psychosis and hearing voices * exploring the work of dramatherapy with people who hear voices * how dramatherapy work can help to develop creative action methods. It provides guidelines for good practice; essential to all those interested in promoting the safe use of these methods in psychotherapy.

The Drama Therapy Decision Tree -Paige Dickinson 2021-01-28 This book provides the reader with a thorough understanding of drama therapy and presents them through the provision of examples how therapists can select the most appropriate methods and apply them themselves. The authors provide a common language for communicating what drama therapists do in terms of diagnoses and interventions, especially for new students in the field. There has been no systematic method developed for drama therapists and drama therapy students for selecting the most appropriate drama therapy methods for clients. Typically, students leave university and have to work out how to plan treatments. This book is not intended as an instruction manual, but the authors of this book have identified and analysed how they they approached this task themselves, and they explain how the theory learnt at university can be put into practice. Their purpose is to give early career drama therapy professionals a reliable and effective tool for making the best clinical decisions they can. This book is not only an educational tool, but also a practitioner’s reference tool for planning how to address the socio-emotional needs of their clients. Readers will find this timely book offers structure to drama therapy teachers and students alike. It explains the basic tools that drama therapists use in all therapy situations, starting with the therapeutic process, then moves on to identify the core healing concepts that make drama therapy so powerful and unique. The diagnostic systems used by all mental health professionals (DSM-5 and ICD-11) are integrated by relating the core healing concepts and tools to the symptoms of diagnoses. The basic treatment planning process is also discussed. The book then explains how these components are used together systematically through a series of questions (that the therapist asks themselves) in order to identify the most helpful creative action methods for the individual client. The book can be applied similarly to a variety of other conditions and scenarios. It provides resources about drama therapy in terms of theory, approach and specific population. Of primary relevance to teachers and students of drama therapy, and drama therapists and integrative arts therapists in training and early career stages. May be useful for other professionals interested in drama therapy and related creative or therapeutic practices where theatre and drama are used. Note: in the US context there is a wider range of related practices, which are often regarded as part of drama therapy.

Pediatric Dramatherapy - Carol Bouzoukis 2001-07-15 Based on a study conducted with chronically ill children, Pediatric Dramatherapy: They Couldn't Run So They Learned To Fly shows how children who are unable to verbalize their feelings or inner conflicts can do so through dramatherapy. The major sources of stress for chronically ill children are examined as they relate to situations within selected stories. Through detailed case studies, comments and analysis this groundbreaking book demonstrates a connection between the child’s symbolic expression and the struggle with illness. The use of purposes, masks, make-up and costume accessories enhances the children's ability for self expression. This fascinating study will be a significant resource for all those working with traumatised children as well as an important contribution to the emerging field of arts medicine.

Practical Approaches to Dramatherapy - Madeline Andersen-Warren 2000-08-04 Practical Approaches to Dramatherapy is derived from the authors’ experiences of working with dramatherapy in a range of different situations. It focuses on the flexibility of the applications of dramatherapeutic principles. The book provides a comprehensive account of the history, theory and practice of drama and its therapeutic use. The authors explain the shape of a new dramatherapy works, and how it can be interpreted via myth, symbol and psychological theatre. Work with individuals and groups is described, as are sessions with masks, improvisation, and use of scripts. The book provides new insights into dramatherapy by exploring a variety of existing ways of working: for example, in social skills groups, assertiveness training and anger management. Highlighting the potential scope of dramatherapy and providing practical examples and advice, Practical Approaches to Dramatherapy extends the boundaries of dramatherapy practice.

Drama as Therapy Volume 1 - Philip Jones 2007-09-12 This new edition of Drama as Therapy presents a coherent review of the practice and theory of Dramatherapy. With a unique combination of practical guidance, clinical examples and research vignettes this fully revised second edition considers developments in the field over the last decade and researches the impact of the ‘core processes’ on drama and theatre practice. Drama as Therapy presents a collection of stories from individual therapists and clinical professionals at a collection of stories from individual therapists and clinical professionals that they have found to have a powerful effect almost with fault. These are the ‘golden’ stories of Sesame. The authors introduce the Sesame approach and describe the advantages of using myth and fairy tale as a central theme in a therapy session. The Sesame approach has been found to produce striking results with myriad client groups, including individuals with learning difficulties, offenders in psychiatric settings and children suffering from a variety of time-limited disorders such as Borderline Personality Disorder, this book demonstrates the effectiveness of dramatherapy interventions. Landy tackles issues of training and research, examines concepts - such as that of role - in dramatherapy and presents case studies, such as the ambitious ‘The Double Life - A Case of Bipolar Disorder’. Uniting entirely new material with some of Landy’s most respected work, this collection will be of enduring value to dramatherapists, teachers and students of dramatherapy, and all those with an interest in creative arts expression.

Dramatherapy for Borderline Personality Disorder - Nicky Morris 2018-05-16 Dramatherapy for Borderline Personality Disorder: Empowering and Nurturing People Through Creativity demonstrates how dramatherapy can empower those individuals struggling to live with borderline personality disorder, and help them embrace and control the emotional inner chaos they experience. Based on current research in the area, the book provides a clear and accessible guide for individual therapists and professionals. It is aimed at all professionals working with people who have borderline personality disorder, it provides case studies, examples and guidelines for good practice; essential to all those interested in promoting the safe use of these methods in therapy. Dramatherapy for Borderline Personality Disorder provides an insight into the potential of dramatherapy, which will be welcomed by mental health professionals.

Dramatherapy for Myths and Fairytales - Pat Watts 2013-05-28 Myths and Fairytales are our rich heritage; a veritable feast of ancient wisdom passed down through the ages in the memorable form of stories. Dramatherapy draws on this treasure trove of material to deep blue meaning and exploring the dynamics of relationships and plots to show how they can be used to help us understand our own relationships to each other and the world around us. This highly innovative text integrates therapeutic practice and literature in an engaging and challenging book which will hold the attention of a wide audience. This book contains new ideas for dramatherapy practice, theatre directors and teachers.

Drama as Therapy Volume 2 - Philip Jones 2010-03-08 How is dramatherapy practiced? What does research reveal about how dramatherapy offers therapeutic change? This book examines the many ways clients and therapists explore the therapeutic possibilities of drama. Whilst the first volume combined theory, practice and research in the field, this second volume concentrates on empirical research. It brings together international contributions, chapters explore work with various client groups in an array of contexts, including: work with clients with learning disabilities, dementia, HIV and cancer work with children, adults, older adults, families and women’s groups contexts including the justice system, education, family therapy and neurorehabilitation. Drama as Therapy Volume 2: Clinical Work and Research into Practice is not only a welcome companion to the first volume, but also an essential and important stand alone work which will be of great interest to all those studying, practicing or with an interest in dramatherapy.

The SAGE Encyclopedia of Abnormal and Clinical Psychology - Amy Wenzel 2017-03-16 Abnormal and clinical psychology courses are offered in psychology programs at universities worldwide,..
but the most recent major encyclopedia on the topic was published many years ago. Although general psychology handbooks and encyclopedias include essays on abnormal and clinical psychology, such works do not provide students with an accessible reference for understanding the full scope of the field. The SAGE Encyclopedia of Abnormal and Clinical Psychology, a 7-volume, A-Z work (print and electronic formats), will be such an authoritative work. Its more than 1,400 entries will provide information on fundamental approaches and theories, various mental health disorders, assessment tools and psychotherapeutic interventions, and the social, legal, and cultural frameworks that have contributed to debates in abnormal and clinical psychology. Key features include: 1,400 signed articles contained in 7 volumes and available in choice of print and electronic formats although organized A-to-Z, front matter includes a Reader’s Guide grouping related entries thematically back matter includes a Chronology, Resource Guide, Bibliography, and detailed index entries conclude with References/Further Readings and Cross References to related entries the Index, Reader’s Guide themes, and Cross References between and among entries all combine to provide robust search-and-browse features in the electronic version.

Researching the Arts Therapies

Roger Grainger 1999 Writing from a dramatherapist's perspective, Roger Grainger looks at methods of researching the arts therapies, and how particular definitions of research affect our understanding and practising of arts therapies. He places approaches to research in four categories: quantitative research (which seeks to demonstrate), qualitative research (which explains by describing), action research (which explains by experiencing) and art-based research (which aims to document in an appropriate language, in this case art). Grainger evaluates all of these approaches, arguing that our theoretical or philosophical understanding of what research actually is has an effect on what we think research can be used for. Grainger argues that research always involves a trade-off between two kinds of inaccuracy, numerical and experiential, which correspond to the imprecise fit of the way we think about life and life itself. A range of research paradigms is useful because each regards the world in a different way. Taken together they provide a range of ways of increasing our understanding.

Drama Education and Dramatherapy

Clive Holmwood 2014-06-05 Dramatherapy is increasingly being used in schools and educational establishments as a way of supporting young people’s emotional needs. This book examines the space between drama education and Dramatherapy exploring the questions: Does a therapist teach? When does the role of the drama teacher border on that of therapist? How do these two professions see and understand each other and the roles they play? In Drama Education and Dramatherapy, Clive Holmwood draws on his experience as a Dramatherapist and examines the history of drama education and Dramatherapy, exploring the social, political, therapeutic and artistic influences that have impacted these two professions over the last century. He also discusses how these fields are intrinsically linked and examines the liminal qualities betwixt and between them. The book considers two specific case studies, from the therapist’s and teacher’s perspectives discussing what happens in the drama class and therapy space including how the dramatic form is understood, explored and expressed both educationally and therapeutically. The ‘them and us’ mentality, which often exists in two different professions that share a common origin is also explored. The book contemplates how teachers and Dramatherapists can work collaboratively in the future, bringing down barriers that exist between them and beginning a working dialogue that will ultimately and holistically support the children and young people they all work with. This book will be of interest to those involved in using drama in an educational or therapeutic context, including: drama teachers, arts therapists, teachers of drama education and researchers within wider arts, applied arts and educational faculties within colleges and universities.
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